



# SIIBII

## THE POWER OF MUSIC

Recommended for grades 7+



MOOSE HIDE  
CAMPAIGN

CAMPAGNE  
MOOSE HIDE

**Siibii shares how music has been both a form of healing and a way to tell their truth. As an autistic Two-Spirit artist, music helps them regulate emotions, communicate their experiences, and connect with others. They describe how stepping into music also helped them learn how to lead and hold space for others.**

**They reflect on their family's history, including the impacts of residential schools and the strength of their grandparents. Siibii speaks about the disconnection caused by colonization, and how reclaiming music and culture has been part of their healing journey.**

**Their work is deeply rooted in both joy and grief. Siibii shares that while music can bring happiness and connection, it also holds space for pain, including experiences of gender-based violence and intergenerational trauma. They emphasize the courage it takes to share difficult truths and the power of naming harm as part of healing and survival.**

**Siibii also speaks about breaking cycles of violence and harm, and the importance of the choices we make. They reflect on the sacrifices of their grandmother and the protection of their mother, and how those decisions were made with care for future generations. Siibii shares that every major choice—like leaving an abusive relationship—is not just personal, but connected to ancestors and future descendants. This perspective highlights how Indigenous ways of thinking consider both those who came before us and those who will come after us.**

# DISCUSSION QUESTIONS AND ACTIVITY



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We encourage you to use the discussion questions below to support reflection after viewing Siibii's session. These questions are designed to help students engage with themes of identity, healing, intergenerational strength, music, and personal responsibility. They can be used in group discussion, journaling, or circle sharing to deepen understanding of Siibii's teachings and lived experience.

- How can music or art help people express feelings that are hard to put into words?
- What does Siibii mean when they say music helps them regulate or cope with emotions?
- How do family stories and teachings shape who we are today?
- What are some ways colonization has affected the sharing of culture, language, and songs?
- Why is it important to share both joyful and painful stories?
- What does it mean to "break cycles" of harm or violence?
- How do the choices we make today affect future generations?
- What does it mean to make decisions not just for yourself, but for your ancestors and future family members?
- How can art be a way of telling truth and creating change?
- What responsibilities do we have when sharing our own stories with others?

On the following page we invite you to complete an art activity. Inside the outline of the moose hide pin, create an artwork that represents love and healing. You can use drawings, colours, symbols, or words to show what healing means to you.

On the lines include:

- One value you want to live by (such as kindness, courage, respect, or honesty)
- Or one decision you will make starting today that honours your ancestors and your future generations

As you work, reflect on this question:

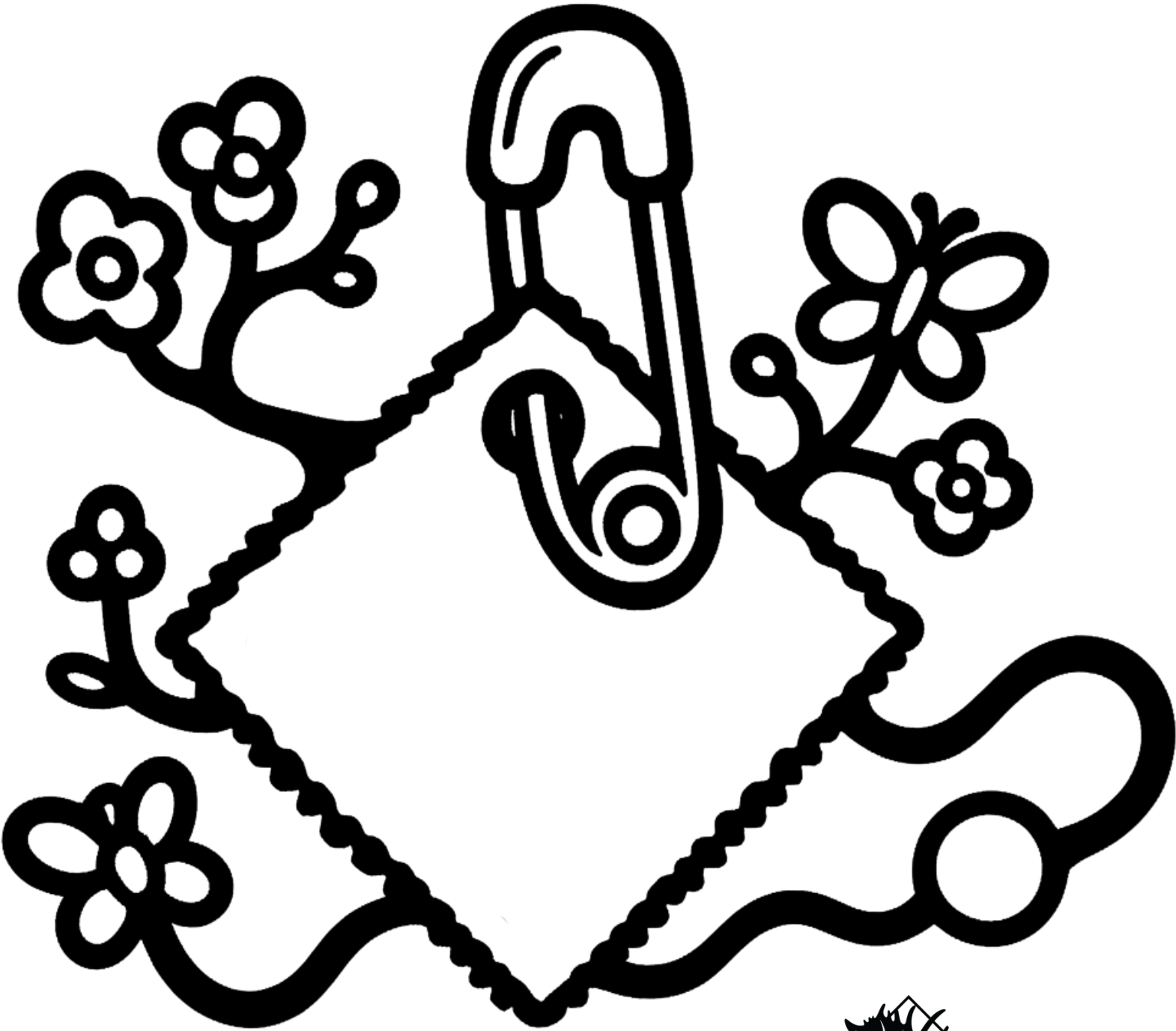
What choice can I make today that helps break a cycle or create something better for those who come after me?

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