



MOOSE HIDE  
CAMPAIGN  
CAMPAGNE  
MOOSE HIDE

**This is Bravery the Bear. She is going to take us on a journey to learn more about the Moose Hide Campaign and how we can spread good medicine everywhere we go!**





**Bravery is wearing and sharing her moose hide pin. She is telling her friends all about why she wears the moose hide pin and why they should wear one too. In the speech bubble above her, write down what you think she is saying.**



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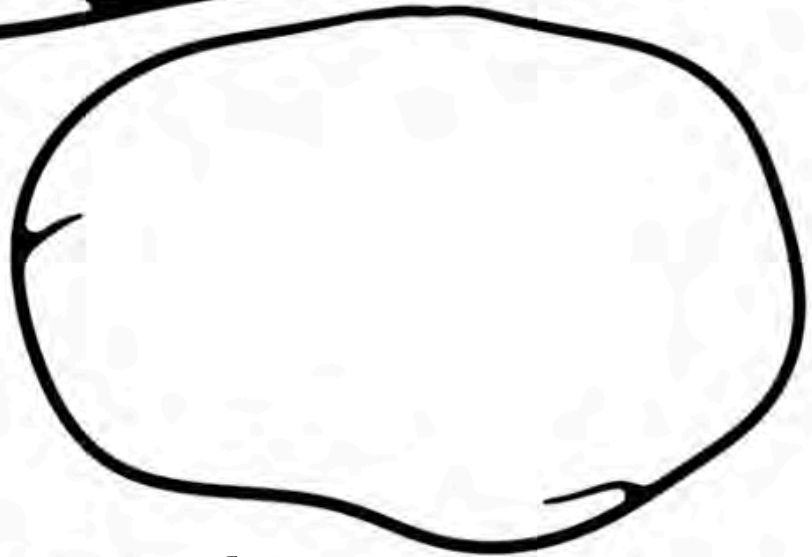
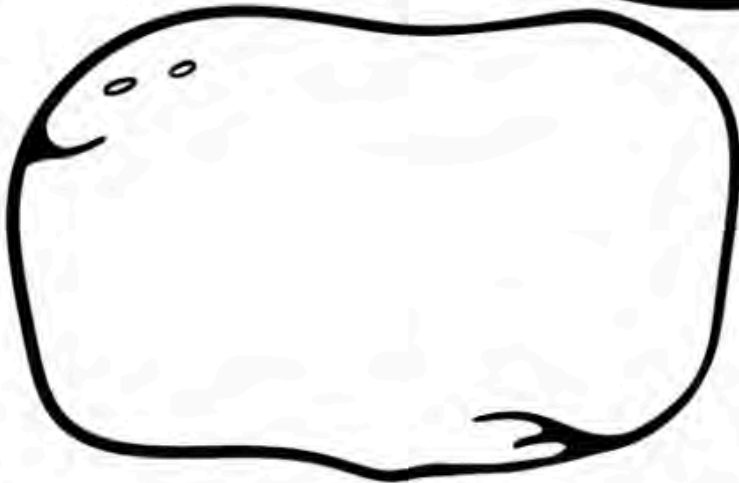
**Bravery knows that the more people who join this path and spread love, the more good medicine will make its way into the world. She also knows that kindness, respect, and love help guide us on this journey.**



**Here are our three stepping stones labeled Kindness, Respect, and Love. On the following page, draw an action inside each matching stone that shows what those words can look like in everyday life. For example, kindness might look like helping a friend, respect might look like listening when others speak, and love might look like caring for family or community.**



**KINDNESS**



**RESPECT**



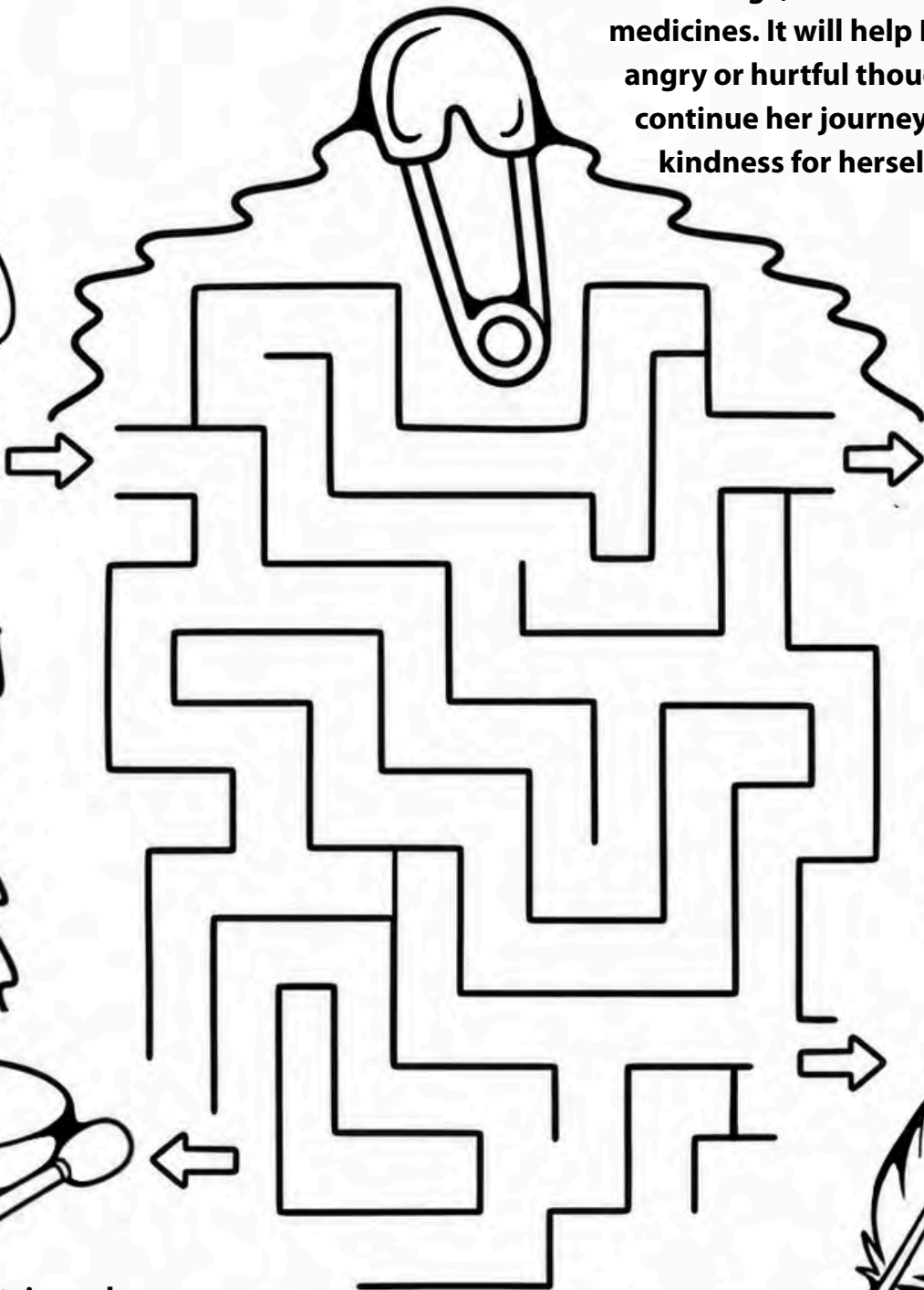
**LOVE**



**This maze has three exits. At each exit, Bravery will collect a bundle of good medicine to place in her basket. Help Bravery find the bundles she will need for her journey.**



**This bundle contains a smudge bowl and sage, one of the four sacred medicines. It will help Bravery let go of angry or hurtful thoughts so she can continue her journey with love and kindness for herself and others.**



**This bundle contains a drum. The drum will help Bravery connect with all her relations and help others hear her loud and clear when she has something important to say.**



**This bundle contains an eagle feather. It will help Bravery connect with her ancestors in the spirit world and give her strength as she continues on her journey.**

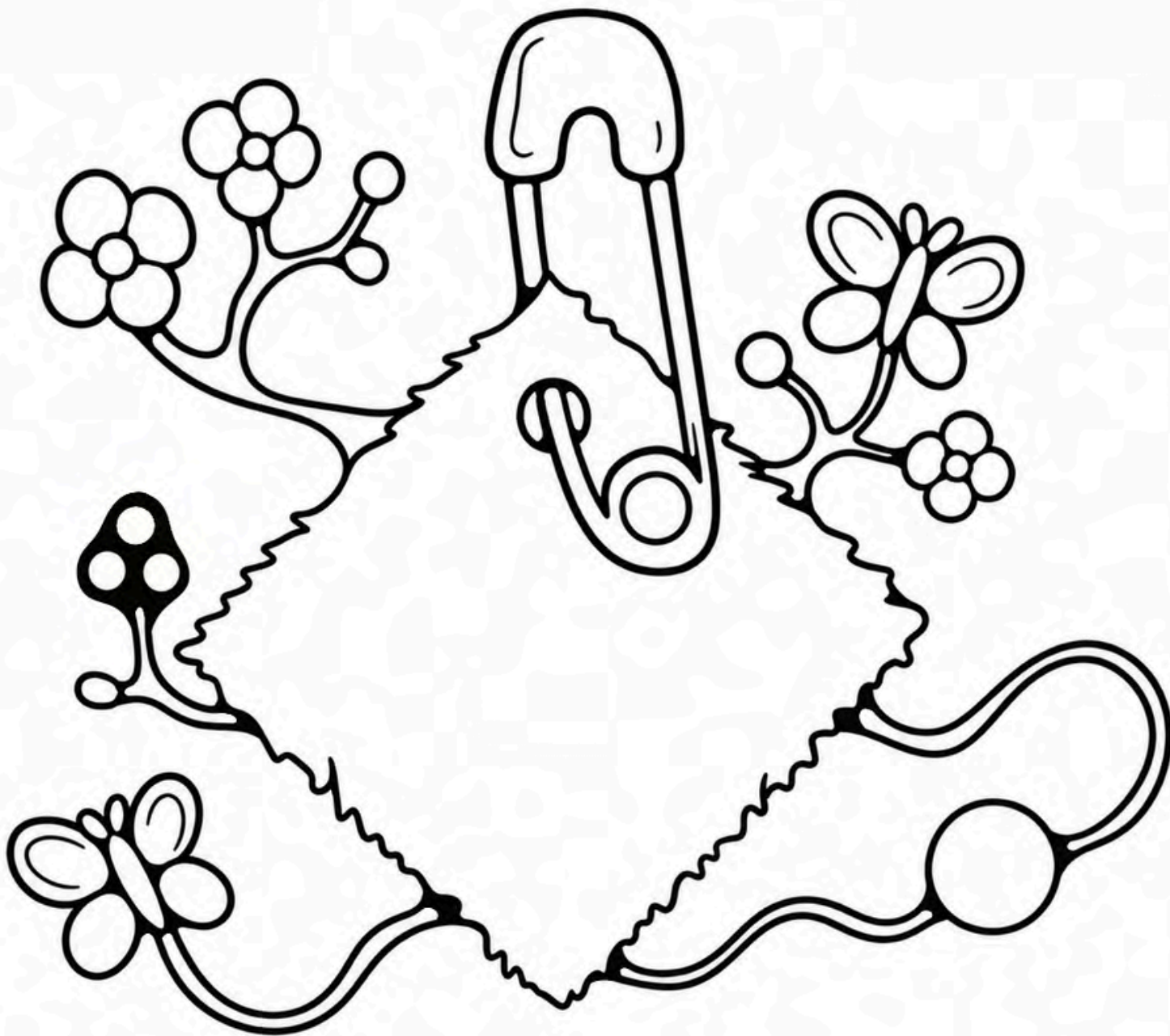
**Bravery carries a basket of good medicine with her. Good medicine can include traditional medicines like sage or sweetgrass, but it can also be things that make our hearts and spirits feel strong and happy, like making art, playing hockey, spending time with family, or being out on the land.**

**In the empty basket, draw or write something that is good medicine in your life.**



**Bravery has been on a long journey and has shared so much good medicine with the world. She has shared the medicine of the moose hide pin, but the real medicine is already inside her.**

**Bravery is kind and caring, and that is one of her special gifts.**

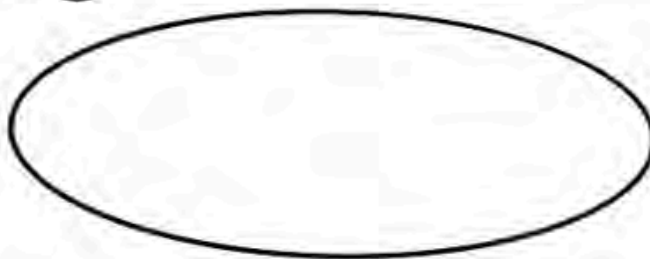
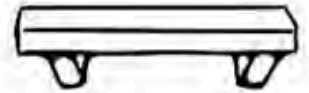
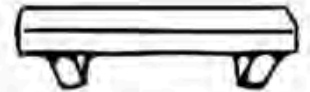
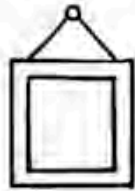


**Inside the moose hide pin, we invite you to write or draw one of the gifts you bring to the world. We all have special gifts!**





**Bravery has been on a long journey. She has shared good medicine all across Turtle Island, and now it is time for her to rest for the winter. Bravery knows that if she doesn't take care of herself, she cannot help support others.**



**Think about the ways you take care of yourself and the things you need on your own journey. Fill Bravery's den with things that bring you comfort, joy, and rest when you need it.**

**You have joined Bravery on her journey, learning about the Moose Hide Campaign and the medicine it carries. You have begun to carry this medicine with you, and we know you are sharing it with others and helping to uplift those around you. We thank you for walking with us and for spreading good medicine in your community. You are needed, loved and you are sacred.**



**You, Bravery, and everyone who carries this medicine and walks this path are part of our family. Add a drawing of yourself in the globe.**

